

SEASON 5B (JUNE)

Larry Grossman Arena

JUNE 3 TO JUNE 28

2 weeks SMALL/2 weeks LARGE RINK

4 WEEKS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRECAN CANSKATE ADULT GROUPS	6-7PM				
BRONZE SILVER PRIVATES	4-5PM 5-6PM	4-5PM	4-5PM	4-5PM 5-6PM 6-7PM	4-5PM 5-6PM
SILVER/ GOLD PRIVATES		5-6PM 6-7PM	5-6PM 6-7PM	7-8PM 8-9PM	6-7PM 7-8PM

HELMET POLICY: PreCan, CanSkate, CanFigureSkate, PrePower, CanPower, Double Digit & Adult participants up to & including stage 5 must wear a CSA approved hockey helmet while on the ice. Helmets with face grills are mandatory for Power Hour.

REFUND POLICY: FHFSC does not issue refunds, credits, make-up sessions, or ticket ice for any reason other than medical withdrawal from a program and must accompany a doctor's note

FHFSC reserves the right to cancel sessions if minimum registration requirements are not met or other related reasons. You will be notified in advance.

For more information on our policies & procedures, please visit our website:

WWW.FHFSC.CA

Summer Ice Schedule July & August

July 2nd – Aug 2nd (5 Weeks) & August 6th – 30th (4 Weeks)

Note: AUG 5th NO SKATING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:00AM	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up
12:00PM	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up	Private Ice Time Can 5 & up
3:00PM	Private Ice Time All Levels	Private Ice Time All Levels	Private Ice Time All Levels	Private Ice Time All Levels	Private Ice Time All Levels
4:00PM	Private Ice Time All Levels	Learn to Skate & Adult Group Private Ice Time All Levels	Private Ice Time All Levels	Learn to Skate Group Private Ice Time All Levels	Private Ice Time All Levels

ALL SESSIONS are 60mins and may include a flood.

Off Ice Room available– ask your coach for more details.

LEARN TO SKATE PROGRAMS

PreCanSkate

- New skaters age 4+
- No skating experience
- Coach/Skater Ratio 1:4

CanSkate

- Ages 4-10
- Able to skate unassisted
- Working on CanSkate 1-6
- Coach/Skater Ratio: 1:8

Adult / Double Digits

- Ages 13+
- Able to skate unassisted
- Coach/Skater Ratio: 1:8

For more information on our
Learn To Skate programs,
Please visit our website:
WWW.FHFSC.CA

HOCKEY SKILL PROGRAMS

Power

PrePower

- Canskate 1-4 Level skaters
- Hockey gear optional
- Helmets with grill are mandatory
- Coach/Skater Ratio 1:8

CanPower

- Hockey specific skating skills
- Must have passed CanSkate 4
- Full hockey gear required
- Coach/Skater Ratio 1:8

FIGURE SKATING PROGRAMS

BRONZE LEVEL

- Introductory level

SILVER LEVEL

- Star 1- 2 level

GOLD LEVEL

- Star 3+ level

Qualifications:

- must be able to do a loop jump, camel spin/or sit spin and fast stroking skills with crosscuts (no toe picks)
- must be approved by skating director

Season 5B (JUNE 2024)

**Larry Grossman Arena 340
Chaplin Cres Toronto, On**

**Season 5A: April 28 to June 1
(5 Weeks) see separate brochure**

**Season 5B: JUNE 3 to June 28
(4 Weeks)**



FOREST HILL
Figure Skating Club

Season 5B

**(JUNE 2024)
Group/Private
Sessions**

WWW.FHFSC.CA

**EMAIL:
office@fhfsc.ca**

